

ALL CLASSES ARE AT WARREN WEBSTER HALL
1500 Pass-a-Grille Way, St. Pete Beach, FL 33706

MARCH 26-29, 2020

WINTER GETAWAY

With Peentz

@ ST. PETE BEACH

YOGA

PRANAYAMA

BEACH

Just what you asked for!

Savor the sun, sparkling Gulf water, and gorgeous sunsets as well as an opportunity to study yoga daily with Peentz!

WWW.PEENTZ.COM/GETAWAY

YOGA CLASS 《 SCHEDULE 》

March 26th-29th

THURSDAY

4PM-6PM: AFTERNOON RESTORATIVE, PRANAYAMA AND WELCOME!

FRIDAY

9AM-12PM: MORNING ASANA

4PM-6PM: AFTERNOON RESTORATIVE AND PRANAYAMA

SATURDAY

9AM-12PM: MORNING ASANA

4PM-6PM: AFTERNOON RESTORATIVE AND PRANAYAMA

SUNDAY

9AM-1PM: MORNING ASANA AND CLOSING



Daily yoga classes with Peentz at Warren Webster Hall in Pass-a-Grille historic district of St. Pete Beach, one block from the beach!

Arrive on Thursday, then gather with Peentz and your friends for a late afternoon yoga class. Friday through Sunday, enjoy the quiet of early mornings on the beach before asana classes begin at 9am.

Afternoons are free for beach time, or exploring the many museums, art galleries, and sights of St. Pete just a trolley or Uber ride away. Gather again at 4pm for a restorative class and Pranayama. The late afternoon classes will end in time for you to take a sunset beach walk.



BRING YOUR OWN PROPS: 3 blankets, 2 blocks, 1 belt, and a mat.
BOOK LODGING EARLY!

Early Bird Price

FOR YOGA WORKSHOP: \$400

valid until 12/1/2019, \$480 after

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